

Ilam C E (V A) Primary School – PHSE Progression – YEAR PLAN OVERVIEW



		SQUIRRELS			KINGFISHERS		
	Term THEMES	PLAN A	PLAN B	PLAN C	PLAN A	PLAN B	PLAN C
Autumn 1 - 2020	Me and My School	Class rules School Council - Making choices - Compromise - Skills of a representative - Own skills in relation to School Council - Class meetings	Class rules - why have rules School Council - How it works - Role of a representative - Class council meeting Feelings - Name feelings - Dealing with feelings including negative ones	Class rules - Class rules - New challenges - Valuing themselves - School council recap	Class rules School Council - Class rules - Role of School Council rep - Jobs on the School Council - Class council - My strengths and weaknesses	School Council - My achievements - My goals - School Council rep - Class rules recap	Class rules School Council - Class rules - Opportunities and challenges of Y6 - School Council - My contribution to my school
Autumn 2 -2020	Me and My Relationships	- Valuing themselves - Family - different types - Friendship skills - Good and bad friendships - Making choices	- Working together - Behaviour and impact on others - Resolving conflict - Teasing and bullying - Changing relationships	- What makes a good friend - Falling out	- Feelings of other people - Developing relationships - Different types of relationships - Puberty	- Puberty emotions - Anti-social behaviour - Nature and consequence of bullying	Changing friendships and relationships

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Spring 1 - 2020	<i>Me in the World</i>	Pets and animals - Likes and dislikes - Right and wrong - Needs of animals - Fair and unfair - Human needs	Local area - Positive and negatives of the local area - Discussion - Role in improving area Money - Sources of money - Uses of money - Keeping money safe - Making choices	- Managing money - Good value - Resource allocation	- Rights and responsibilities - Rights of the Child - Jobs and duties	- How are laws made in the UK - Parliament - Public money - Personal money - loans, debt and interest	- Environment and Sustainability - Pressure groups and charities
Spring 2 - 2021	<i>Me and My Safety</i>	- Medicines - Identifying risks and ways to stop accidents happening - People who help us - Road safety - keeping safe near the road and in the car	Safe and unsafe:- - Things e.g. medicines and household substances - Places e.g. roads - People i.e. safe and unsafe touches, feeling comfortable/uncomfortable, secrets and surprises	- What is risk - Road Safety - Pressure - Safe and unsafe touches.	- Safety in school - Responsibilities for my safety and the safety of others - E safety	- When do I feel unsafe - How can I deal with this - Pressure including peer pressure - Getting help.	- Drugs - solvents and alcohol - Pressure related to drug use - Strategies for making decisions and saying no
Summer 1 - 2021	<i>Me and Other People</i>	- My identity - Groups belong to - Bullying	- Similarities and differences between boys and girls - Different types of families - Race and religion	- My identity - My community - school and local - Similarities and differences in community	- Similarities and differences - Communities including Britain - Respect and tolerance	- Identities in the UK - Celebration of diversity - Racism	- Diverse nature of UK - Life in other countries - Stereotypes - Challenging stereotypes

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Summer 2 - 2021	<i>Happy Healthy Me</i>	My body • Parts of the body • Changing needs • Influences on health and wellbeing • Likes and dislikes • Consequences of choices • Emotional health	• Body parts • Personal hygiene • Spread of germs and diseases • Balanced diet • Healthy lunchbox	• Balanced diet • Impact of healthy diet • Making choices	• What keeps me healthy? • What can make me ill - bacteria and viruses • Drugs - medicines and Tobacco • Good and bad habits	• Physical health • Emotional health • What can affect our health including the media • How will my body change as I grow up	• Body changes • Periods • Feeling during puberty • Media
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